

Downloadable Guide 3:

Best Local Kids' Activities in Cheshire West (Beyond Football!)

Exciting Local Adventures for Families!

Looking for fun-filled activities to keep your little one active and entertained in Cheshire West, Chester, Ellesmere Port, or Runcorn? Whether you're after indoor play, outdoor adventures, or hands-on creative fun, this guide is packed with fantastic options for families with children under 8 years old!

From toddler-friendly experiences to exciting new activities for older kids, here's our hand-picked list of the best things to do in the area.




1. Gymnastics & Soft Play at Progressive Sports West Cheshire

🤸 Ages: 4+ 📍 Location: Cheshire West 🎉 Perfect for building flexibility, strength, and coordination while having a blast!

Why families love it:

- Structured classes that focus on fun and movement development
- Great for improving balance, strength, and coordination
- Encourages active play in a safe, friendly environment




2. Swimming Lessons at Brio Leisure

 Ages: 6 months+  Location: Multiple locations in Cheshire West  Helps boost water confidence and fitness in a safe, supervised space

Why it's great for young children:

- Special baby and toddler swimming sessions to get little ones comfortable in water
 - Develops essential water safety skills while keeping it fun
 - Great for building confidence and staying active year-round!
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3. Dance Classes at Elite Dance Studios

 Ages: 2+  Location: CH76UY  A fantastic way for little ones to express themselves through music and movement!

Why parents love it:

- Fun, energetic classes for boys and girls
 - Helps children develop rhythm, coordination, and confidence
 - A fantastic way to make new friends and be part of a group
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4. Multi-Sports Clubs at Local Leisure Centres

   Ages: 4+  Various leisure centres in Chester & Ellesmere Port  Try a mix of different sports and discover new favourites!

What makes it special?

- Great for kids who love being active but haven't chosen a favourite sport yet
 - Encourages teamwork, social skills, and trying new activities
 - A fantastic way to burn energy and have fun!
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5. Outdoor Fun & Nature Exploration at Delamere Forest

🌲 Ages: All 📍 Location: Near Northwich, Cheshire 🚲 Explore bike trails, nature walks, and playgrounds for a fun outdoor day out!

Perfect for:

- Nature-loving families who enjoy walking, biking, and outdoor adventures
 - Kids who love climbing, exploring, and getting hands-on with nature
 - Picnic areas & family-friendly walking trails make it a great day out!
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6. Messy Play & Creative Arts at The Creation Station

🎨 Ages: 1-6 years 📍 Location: Various locations across Cheshire 🗣️ A wonderful space for kids to get creative, experiment, and make something special!

Why it's great for toddlers & young kids:

- Encourages sensory play and fine motor skills development
 - A fantastic way to explore colours, textures, and creativity
 - No mess at home—just pure creative fun!
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7. Indoor Adventure & Soft Play Centres

🏠 Ages: 6 months – 8 years 📍 Various locations in Chester, Ellesmere Port & Runcorn

🧸 The perfect rainy-day activity where kids can climb, slide, and play freely!

Top picks in the area:

Why families love it:

- Safe, enclosed play areas designed for toddlers and young children
 - Great for burning off energy in a fun environment
 - Café areas for parents to relax while kids play!
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8. Little Kickers Football Classes – A Fun, Play-Based Introduction to Sport!

🌐 Ages: 18 months – 8 years 📍 Locations: Chester, Ellesmere Port & Runcorn ☀️ The perfect first football experience for young children!

Why parents choose Little Kickers:

- Non-competitive, fun-first approach to football
- Helps develop coordination, confidence, and teamwork skills
- Small class sizes & friendly coaches ensure an amazing experience

📍 Try a **FREE** taster session and watch your child fall in love with football!

Keeping Your Child Active & Happy!

Cheshire West is packed with exciting activities for toddlers and young kids—from sports and adventure play to creative experiences! Whether your little one loves running, jumping, creating, or exploring, there's something perfect for them.

Ready to give your child a fun, active start? Join a Little Kickers football class today!

📍 Sessions in Chester, Ellesmere Port & Runcorn

☎️ Call us at +447351448224

🌐 Visit: littlekickerscheshirewest.com